

MEDIA INFORMATION

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15 Year Old To Ride Across Australia For Big Brothers (And Sisters)

15 year old Gold Coast boy Jack Sinclair is well into his training to take on the Holy Grail of Australian ultra endurance cycling – a trek from Perth to Surfers Paradise – and is dragging his dad along for the ride.

Jack, who is currently training 6 days a week in readiness to cover the grueling **4,500 kms in just 30 days** starting on September 11, 2008, says he was inspired to do the ride after watching Scottish actor Ewan McGregor's documentary detailing a "Long Way Round" motorcycle trip from London to New York.

"My dad (Brendon) does lots of cycling and I said to him it would be great to do what Ewan did, but across Australia," said Jack.

Brendon's not so convinced.

"It's all a terrible mistake – I thought he meant ride across Australia on motorbikes and I thought I had a couple of years before he got his license," said Jack's father Brendon.

"I've been trying to wiggle out of this but I gave my word – I'm 41 and just want to sit on the couch and eat pies.....but he won't let me!" said Brendon.

Jack will use the trek to raise funds for disadvantaged youth via the **Big Brothers Big Sisters Australia** charity (provide vulnerable young people, in need of additional support and friendship, with a caring mentor and positive role model).

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